

Logos II

The Word of Harpeth Hall

Volume 19, Number 3

Winterim On Campus 1996



photo by Clark Rose

Uniform or health menace: Only Harpeth Hall students know for sure.

Students Review Winterim Offerings

by Anne Nicholas Weiss

The 1996 Winterim program seems to have been another success thanks to Mrs. Emily Fuller. Many students and teachers were pleased with the classes they took and taught. According to sophomores Katherine Buckspan, Amanda Wentworth, and Tallu Schuyler, Guitar in Theory with Mrs. Kathy Boehm was great. The girls learned everything from the very basics to complicated songs such as "Skip To My Lou."

Another interesting class was Computer Graphics. The fourteen lucky girls who took the class not only had the opportunity to be taught by the wonderful teachers here at Harpeth Hall, Mrs. Ann Blackburn and Mrs. Dora Biegl, but they also traveled to Orlando, Florida, to receive direction from the great artists that make the Magic Kingdom come to life.

The most densely

See WINTERIM p. 6

Uniform Shoes: Are They Damaging Honeybear Feet?

by Devon Williamson

The uniform shoe is an ongoing issue of controversy in the Harpeth halls. According to the handbook, "The uniform at Harpeth Hall is intended for consistency and for the encouragement of concentration on learning rather than on dress." Students are thus required to wear either black penny loafers or saddle oxfords, each of which cost around \$50.

"The goals are the same as wearing skirts that look alike and blouses that look alike," said Mrs. Susan Baughman, Director of the Upper School. "Uniform means one, you look alike. Looks and clothes are totally de-emphasized. It has a leveling effect."

She went on to add, "The main reason to look at a change in shoe is how

healthy the loafers and saddle oxfords are for one's feet.

The suggestion has been either that we wear whatever anybody wants to wear or an athletic shoe." When the uniform was modified in the schoolyear of '93-'94, the shoes were not changed because it would possibly lead to sloppiness in appearance, said Baughman.

Many students feel that the problem with the shoes is their lack of arch support and their slick soles. One modification to the present shoe would be the purchase of arch supports to place in the shoe, such as Spenco slip-in arch supports which are available at Sports Unlimited for \$21.99.

"Perhaps we need to publicize the fact that they (arch supports) are available and perhaps the girls should look into buying them,"

commented Baughman.

But, as Ms. Leslie Matthews, Harpeth Hall Dance Instructor, said, "I find them (the uniform shoes) very detrimental to your feet. Not only is there no support, arch support or ankle support, but also their slick bottoms make them dangerous in the ice and snow."

The students themselves vary in their opinion on the uniform. "They caused me to have tendonitis in my ankles," stated sophomore Jan Ingram. "Because the shoes are flat and people that have flat feet need arches, pennyloafers and saddle shoes aren't good for (my) feet."

Kristina Treanor agrees, "I think they're really dangerous."

Helana Anderjack

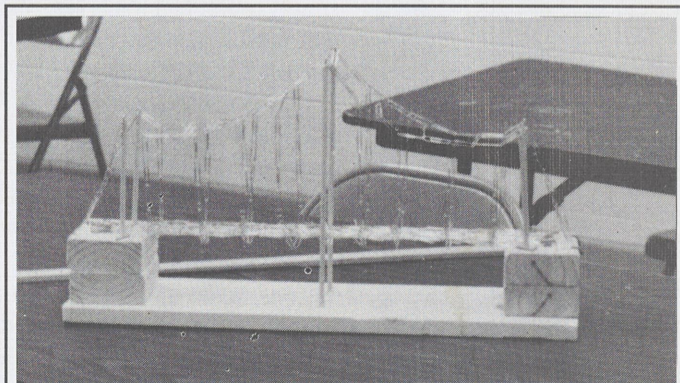
said, "I like my shoes personally, but I really wish that we could wear tennis shoes because they're more comfortable."

From a politically correct perspective, Julianne Shelton admonished, "I think they're cool, but we need more, like, diversity! No one wears the loafers, so we need another option."

Meanwhile Karen Sweeney admitted, "I could think of worse shoes."

Others take the straight and narrow, such as Alexis Staples, "It doesn't matter one way or the other to me."

Finally Dwyla Beard expressed what many other students feel, "We should wear what we want."



Students in Mrs. Carol Oxley's and Mr. Tad Wert's Bridges classes explore the art of spanning space with nails and paperclips.

photo by Clark Rose



photo by Clark Rose

Cars, Cars Everywhere Not A Parking Place In Sight

by Clark Rose

Each year as Harpeth Hall students get their licenses, there is a problem that grows—parking. Every morning I dread having to get up early to rush into the parking lot to try to get a space even

remotely near the building. Most days I resort to entering the exit in hopes of beating the rush.

And what I find to be even more disturbing is the way students get pink slips if they park their cars in the island in the middle of the

sophomore parking lot or on Esteswood. I do not see how this can be justified when the school does not provide adequate parking. The only way I feel the parking problem can be solved is to assign parking spaces to the students.

But where are all these new spaces going to go? It is only midway through this year, and there are already practically no spaces left. Some suggestions have been to make a new parking lot where the softball field is, but this arrangement would be unfair to the softball players at school. And who wants to walk that far in the mornings? Another suggestion is to limit cars on campus to juniors and seniors. This plan is unfair because some families depend on each extra driver, and this idea would cause more problems than it would help.

The best solution to the parking problem would be to build a parking deck. Harpeth Hall has friends in the construction business so it could be fairly easy to get a deal on construction. I feel instead of spending the school's money on things such as snow trucks for the campus when it only snows about two to three times

a year, we should put the money towards a parking deck. Yes, a parking deck may sound frivolous and impractical, but it is the only thing I have been able to come up with to solve this problem, and no one else seems to be doing anything about it.

The Perfect Body: Neither A Realistic Nor Healthy Goal

by Caroline Harrell

Our society today puts an amazing amount of emphasis on body image. If you pick up any current magazine, you probably could not find one ad that contained a less-than-perfect body. My question is, what kind of message is this sending to young people? In my opinion, it has a very negative one. There is so much stress on how we are supposed to look. It is one thing to exercise and eat healthy meals, but trying to achieve the "perfect" body is not a realistic goal for most individuals.

Most people, even in their best shape, will never look like Kate Moss or Cindy Crawford. It is important to remember that that is what they get paid for. Their job is to sell a product using their beautiful bodies to show it off. The message that ends

up in our heads is that we should look like them, tall and perfectly skinny. What we should really be focusing on is how we as individuals can better ourselves in more meaningful ways. Your mind is just as important as your body, and trying to make your body be something it is not is often unhealthy.

My solution is to accept yourself for who you are. It is alright to admire beautiful bodies, but idolizing them can become dangerous. Everyone should find something about themselves that they like, and focus on that person, rather than finding something about someone else and trying to be that. Our society needs to realize that what we look like has no bearing on who we are. Your personality and mind can take you much farther than your looks.

Weep No Tears Over Kermit--

Frog Dissection Advances Human Understanding

by Kristina Treanor

As the spring semester draws nigh, the anticipation of the enriching animal dissection lies in the near future. Mixed opinions about this hands-on way of

learning arise among the freshmen. While some of my classmates were totally repulsed last year, I was one of the people who looked forward to the event. Those who find the expectation gruesome either don't like the sight of intestines or question the ethics of animal testing and feel sorry for the frogs.

There is no reason to be disgusted. The frog is simply biological material that is examined closely for the benefit of the students. They can meticulously study how an organism's body functions and how the internal systems connect. The students can retain the information better through this operation. In fact, biology teacher Ms. Sachiko Morrey says that, "[Dissection] stimulates curiosity so that students will be motivated into biological

fields."

Concerning the question of ethics, there is nothing wrong with dissecting frogs. The frogs feel no pain during the procedure. Although using animals for the academic development of students has a different purpose than the testing of animals for medical and commercial advancements, the issue is the same. Animals provide excellent materials for human progress in many fields.

We should not take our opportunity for granted, especially since some of us may be dissecting again in college. You may even find yourself taking apart a cadaver someday.

As a veteran frog dissector, I can say thank heaven for those selfless amphibians. I hope that eventually everyone can truly declare gratitude.

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And Now a Word From Our Sponsors....

Students in the *Logos II* Winterim class produced many more articles than would fit in a single issue of the paper. We're very proud of their work and hope that you will look forward to seeing more of these stories in upcoming issues of *Logos II*.

La-Voe Mulgrew
Margaret Renkl

Watch Your Bumper:

All's Fair in Love and Parking Lots

By Karen Sweeney

Numerous students have complained that parking at Harpeth Hall has its flaws. Sophomore Anne Nicholas Weiss voiced the concerns of many students when she explained, "I think the parking is bad because in the

sophomore parking lot there's not enough room for all the cars, and in the junior and senior parking lots, the lots and spaces are so small that everybody keeps hitting everybody."

The distance between spaces in the junior

and senior parking lots is small and allows little room for error, especially as more and more girls drive large cars. Accidents that have occurred in the junior and senior lots this year, rumored to range in number from three to ten, have been blamed on

these smaller spaces. "I don't think that I'm going to be able to park in the junior and senior parking lots when I am a junior and senior because the spaces are so small," worried an underclassman.

The number of spaces also causes concern for many students. According to Mrs. Susan Baughman, Director of the Upper School, there are 42 parking spaces available for the 75 juniors enrolled at Harpeth Hall, there are 37 spaces for the 76 seniors, and only 38 spaces are reserved for approximately 90 faculty and staff members. Baughman, however, doesn't want students to be misled by the numbers.

"All juniors and seniors don't drive, and they don't all have cars," she explained. The junior, senior and faculty lots don't have enough spaces to accommodate all who do drive, however. Those who can't find a spot in their lots then go to the so-called freshman/sophomore parking lot, where an ever-increasing number of cars can be found. Of the 88 sophomores, less than half are old enough to drive. Yet, the 104-space lower lot is close

to full. "The freshman/sophomore parking lot is way too small," said sophomore Tracey Wilkinson. "A lot more students are getting licenses early and we need more spaces to accommodate these."

Administrators have been trying to improve the parking situation. Eleven parking spaces were added to the faculty lot by the upper tennis courts last summer. Also, according to Mrs. Leah Rhys, Head of School, plans are underway to create 30 additional spaces in the freshman/sophomore parking area next summer. As Rhys explained, the school needs these spaces in the sophomore lot so that they will be close to the school building for students, and also close to athletic fields to expand parking for sporting events. The exact spot for these spaces, however, is not yet decided. Baughman said that they are trying to find a spot where they can add these "without taking away significant green space."

While additional lots will not solve all parking problems, these new spaces should improve the situation. In the meantime, students are advised to be patient and to park carefully.

They Failed What? Harpeth Hall Faculty Comes Clean

by Michal Resha

I'm sure we have all wondered if any of the teachers at Harpeth Hall have ever failed anything while they were in school. We asked a few teachers to see what their answer would be.

Ms. Polly Linden:

"No! No! I never failed a subject. My mom would've beaten me! I failed an organic exam once, but my mom never knew. I failed a paper, too. I was in ninth grade and the teacher gave me an F on a paper, so I never told my mom."

Mrs. Dora Biegl:

"I failed a test or something, but not a class. I was just one of those nerdy types I guess. Actually, I wasn't a nerdy type, but I didn't fail anything. I got a C once; that was like the worst. That was in physics. I hated physics in high school."

Mrs. Sachiko**Morrey:**

"I must have but maybe I blanked it out. I was a nerd, you know. I didn't do that kind of thing."

Dr. John Hopple:

"I hated physics so much that I didn't do any work, so I ended up getting a D-, and I should've gotten an F. I forced them to let me drop out the second semester."

Mrs. Susan**Baughman:**

"I failed a history exam once in college, and history was my major. It was a teacher that I loved, and I'd never made an F in my life, so I went to talk to him about it. He said that the reason was that he could not read my writing, and I was chagrined at that. I could have died. So after that I was very careful, not only that I studied well, but that I wrote legibly. My handwriting still is not good, but that really taught me a lesson, and I think that was the only F I made."

Ms. Nan Reed:

"No, I never did. It was so funny, when I was teaching elementary school and somebody was failing they said, 'Did you not fail anything in school?' And I was like 'No!' I mean you just weren't supposed to."

Mr. Philip Hooper:

"I do remember failing something. It was ninth grade Algebra and I was put in the accelerated Algebra course. I just kind of had a miserable experience. I had a new math teacher that I didn't think was that great. It was a math teacher that catered to the best math students in the class, and there were some exceptional math students in

the class. I, of course, wasn't, so it was just hard going. I think I failed a test or two, but I made it okay."

Mrs. Betty Jane**Barringer:**

"You know, I really can't remember. I'm sure I did. Math was my nemesis. I'm still not a mathematician. The good thing about it is that I don't remember any of that. So, if y'all are having some tough times with the tests in certain subjects, and you maybe don't make a real good grade on something, you can rest assured that in the future you will have forgotten that, and that it doesn't really matter."



Mustang Myers! Dr. Derah Myers proudly displays her vintage Mustang, a 1967 model restored by her daughter and a friend as a surprise Christmas present.

photo by Clark Rose

Honeybears Admire Schwarzenegger, Hanks, Etc.

by Lindsey Scruggs

Whether they admit it or not, everyone admires somebody: their parents, national leaders, movie stars, etc. Some people I asked about this were students and teachers at Harpeth Hall. The question that was asked of all of them was "Who is your favorite public person and why?"

"I admire Marie Curie, because even though she was a woman and was persecuted because of this and was told that she couldn't do science, she still pursued her career in science" --Helana Anderjack, freshman.

"I most admire Emma Thompson because I think that she's a very good actress and I liked her recent screenplay" --Christine Carpenter, teacher.

"One of the people that I really admire is Arnold Schwarzenegger. I don't really admire a lot of body-builders, but he was just so huge and so tremendous. I've seen pictures of him in muscle and fitness magazines, and his back is like a slab of beef. I'm not really a very large individual. I've always admired his muscle development and [wondered] what it would be like[to have muscles like that]. I know it

would probably be hard because you wouldn't be able to get your arms in shirts. If you flexed, you'd... bust buttons and stuff like that. But I think that you have to admire somebody like that just for the dedication that it took" --Dr. John Hopple, teacher.

"The person that I most admire is Princess Di because even though Princess Di had married Charles and Charles was cheating on her and everybody thought that Charles was a loser, Princess Di was brave enough to come forward and say that she was

cheating on him" --Mary Ellen Salamon, freshman.

"I don't really admire anybody that much, but if I have to choose somebody, I think I admire scientists, you know, somebody who dedicates his/her life to science and just works really hard in the lab to find some cure for some really bad illness or just anything like that. I admire smart people. I admire brain. I don't admire beauty or physique or anything like that" --Dora Biegl, teacher.

"The person that I admire most is Hillary Clinton, because she is

independent and very intelligent and she's not at all afraid to say what she believes" --Sarah Norris, sophomore.

"The person that I most admire is G.K. Chesterton because he's one of my favorite authors and he never went to college yet he was one of the most educated men that ever lived; he wrote over three hundred books on all kinds of different subjects. He's a really entertaining writer even though he died around 1910. He had some good ideas about how to run the world" --Tad Wert, teacher.

"One of the people I admire most is a woman by the name of Marian Wright Edelman who's head of the Children's Defense Fund in Washington. I admire her for several reasons: one, she was a pioneer in the Civil Rights Movement, [she] came [and] fought in some of the hardest places for civil rights in the sixties. Then, she turned her attention to children and, as head of the Children's Defense Fund, she is our strongest, most vocal advocate for children in this country. Without her, many of the issues that affect children would go unnoticed" --La-Voe Mulgrew, teacher.

"I admire Bjork, because I love how she expresses herself and I admire her eccentric behavior" --Kristina Treanor, sophomore.

"I admire Tom Hanks and Rita Wilson because they seem to value the family a lot even though they are involved in Hollywood; you don't seem to see that a lot these days" --Caroline Harrell, sophomore.

"I admire the Queen of England because even though her son and her daughter-in-law made the monarchy out to be trashy, she's still a very classy woman" --Clark Rose, sophomore.

Kurowski Opens A Big Can Of Worms

by Beth Kurowski

No, it's not David Letterman. Hey, whaddaya want from me?!?!? I'm just a lowly Winterim student, working with a whole bunch of great people whose goal is

to make this issue of *Logos II* the best ever! And who doesn't like top ten lists? (That was a rhetorical question. Don't answer!)

I went around asking all the Sophs and Frosh I

could find what really irritated them about the other. Some of the replies I received were not printable (tsk, tsk). Others were okay except for a word or two. All are funny, and all were

spoken in fun.

As in, teasing. As in, not serious. No offense was meant by these lists, and if any is taken, well...

Enjoy! :) <== (Smiley face. Turn your head sideways.)

Top Ten List: Sophs vs. Frosh

What annoys you most about those Frosh?

10. Can you repeat the question?
9. Frosh remind me of vermin, scurrying everywhere.
8. When the dismissal bell rings, the Frosh register on the Richter Scale.
7. We don't get no respect around heerrrrrrrrrrre.
6. They travel in large herds of sheep.
5. The hallways are beginning to look like the insides of the bathroom plumbing.
4. A Metallica concert's got nothing on the Frosh.
3. They multiply when you're not looking.
2. What kind of question is that?!? I'm trying to finish lunch here!
1. Can we say a bagel and a bottle of water for lunch, please? And we won't mention the Frosh's PDA problems!

Top Ten List: Frosh vs. Sophs

What annoys you most about those Sophs?

10. The Sophs are anal and their boyfriends are too old.
9. The Sophs don't do anything but sit on their lazy butts and complain about us.
8. I take the 5th (no comment.)
7. Harpeth Hall is NOT India, but if there is were an Untouchables class, it's the Sophs. We refuse to be the lowest caste.
6. The Sophs don't deserve our respect.
5. We hate this "holier than thou" attitude.
4. What's with this "Bow to us Sophs" thing?!?
3. They cause the biggest parking problems for everybody else...
2. Me??? Uhhhhhhh... I LOVE the Sophomores!
1. We hate to say it, but the Sophs are underclassmen, too.

Smith To Shine In *Cinderella*

by Margo Martin

Harpeth Hall freshman Ashley Smith spends her afternoons practicing leaps and foot positions. She is not only important to the Harpeth Hall community but also to the Nashville Ballet School's. When Ashley was six she began her ballet career. She commented that her self-esteem was low when she was younger. In order to build it up she began taking ballet. Ballet was the "cool" thing to do. Her mother thought that it would help her self-esteem to be with her friends. She has been dancing for about ten years and enjoys it tremendously.

Ashley has participated in the Nashville Ballet's favorite holiday special, the *Nutcracker*. In Ashley's five years of participating, she has played five major roles. Her first year she danced around and cradled her baby doll as a party child. Ashley then moved up the ladder, playing

Clara, one of the main parts. In her third year, again she was Clara with an added part as baby Chinese. Ashley's fourth year was spent leaping across the stage as a snowflake and then on to a flower her fifth year.

When asked how long she planned to dance, Ashley commented, "I have no clue." Ashley plans on getting a college education and thinks it would be hard to do both. However, if she thinks she is good enough she would love to make ballet into a career.

Ashley found out the hard way what it is like not to be able to dance for three months. Like any athlete, dancers risk injury. After returning from Bolshoi Ballet School in Vail, CO, Ashley discovered a stress fracture in her back. She wore a brace from her neck to her waist and was not able to dance for about three months. Ashley's steady recovery allowed her

to dance in the 1995 *Nutcracker*. However, Ashley complained, "I'm not as good as I used to be, and my muscles are pretty weak." With her determination and dedication Ashley will soon be back to her full potential.

As many dancers are, Ashley is nervous before auditions. "There are so many girls," said Ashley with a worried look. However, performances are a different story. Ashley becomes extremely nervous before performances, but once she leaps onto the floor everything is fine. Her butterflies disappear and her love for ballet shines through.

Ballet is not all fun and games for Ashley. It is also a lot of hard work. Ballet has made Ashley become a more disciplined and organized person. "You can't talk during class and you have to concentrate to remember the combinations," Ashley replied. Ashley has to be very organized in order to do homework and ballet,



Ashley Smith in performance with Nashville Ballet School.

"especially with all the classes I take," sighed Ashley.

Ashley has many dancers that she admires such as Catherine Beasley, who is in the Nashville Ballet Company and, in Ashley's opinion, the best. There are many other dancers she admires, but Beasley is her

favorite.

Ashley thinks that she will be dancing in the Nashville Ballet's performance of *Cinderella*. It will be premiering at TPAC at the beginning of April. For more information about *Cinderella*, contact Ashley or check the boards for posters.

Head For Disney World To Beat The Winter Blues; Everyone Is Happy, Happy, Happy

by Devon Williamson

This year during on-campus Winterim the Computer Graphics class flew to Orlando to study the different aspects of animation at Walt Disney World. We blitzed through a six-hour class of tremendous scope and interest, traipsed through Epcot and MGM studios, and wandered through the forests of Discovery Island.

Meanwhile, the rest of the freshmen and sophomores remained here, in cold and dreary Nashville.

Undoubtedly, Walt Disney World is the happiest place on earth where the sun is always shining and the sky is always blue. At least it was when we were there.

Then again, there was rain on the first day, but only a short drizzle so that doesn't really count.

And it is true; everyone at Walt Disney World was happy, happy, happy.

There was a smile on every face and a helping hand for anyone who needed it. Just take the random guy in uniform at the hotel where we stayed. This poor man was snagged to take a group picture of us on our last afternoon. Now, taking a picture is no big deal, but taking the same picture sixteen times with sixteen different cameras and a smile was quite an accomplishment.

So what makes

these people so contented and gay? Maybe it was that Florida air, warm all year round. Or perhaps it was the palm trees, the fluffy white clouds, or those really cute guys at every cash register.

This cheerful atmosphere pervaded everything. Even beer-bellied men covered with tattoos were kind when we asked for the sparkling things sticking out of their desserts one night at supper.

This serum of delight could certainly prove useful in Tennessee. It might even provide large profits if we could sell happiness to anyone on the street. Whatever it was, we should definitely bottle it up and ship it to Nashville right away.

by Lauren Gaffney
Not many days go by when we do not walk down the hall and see somebody upset or crying. Harpeth Hall has a lot of things going on that could upset anybody. Our students have two main ways of getting their anger out, verbally and physically. The few students who do take their anger out verbally said, "I take it out on everybody else." Sophomore Elizabeth McClellan said she starts off by talking to the person who puts her in the bad mood. This usually resolves the problem, she says.

The majority of students interviewed said they take their anger out physically. Freshman Sara Zare said, "You almost always have to hit something." Freshman Becca White said jokingly, "I hit

my sister." Peyton Waggoner said, "I hit my waterbed because it always punches back."

Another method of dealing with anger is to take out your frustrations while in a sport. Tiffany Watson, a member of the freshman basketball team said, "I throw basketballs against the wall." Other people, such as Mrs. Sachiko Morrey, run or do something active to relieve stress.

Being angry is only human but the way you deal with your anger is important, according to Dr. Marlin Wade-Jordan, a pediatric psychiatrist at Vanderbilt University. She said yelling and screaming are sometimes the best ways to overcome anger. Other ways to avoid a bad mood are to eat a balanced diet and to exercise regularly.

In a Bad Mood? Punch a Waterbed

Highs and Lows of 1996 Winterim Considered

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populated class was Money Manager. Money Manager was taught by Dr. Heath Jones, Ms. Polly Linden, and Mrs. Mala Levran. There were three sections and the students were taught everything from writing a check to being able to survive in the real world with a job paying an income of a typical person directly out of college. When asked what to expect and receive from taking the class, Dr. Jones replied, "They should know a lot more about balancing their budget, writing checks and how to spend money."

Concerning the off-campus Winterim program not a lot of feedback has been received just yet from people traveling. As for the people who stayed in Nashville, the program seems to have been a great success. Junior Alissa Swearingen witnessed the birth of a baby the first day on the job in the Baptist

Hospital O.B. Unit. Val Byrd, a senior, worked at the Vanderbilt Cancer Research Center and did research on DNA. Other students working in journalism made great strides getting their names bylined: Lauren O'Neill in the *Nashville Scene*, Kelli Dunaway in *The Tennessean*, and Ann Hancock in the *Nashville Banner*.

Although many positive things were said about the on-campus Winterim program there were some negative things too. Probably the most frequently mentioned statement was that the junior/senior program is extremely beneficial and a highlight in most students' lives, but the freshman/sophomore program may be just a bit lacking. Some teachers said they felt that the freshmen and sophomores often came into the classes expecting play time and when they were assigned homework they became very



photo by Clark Rose

Students in A Stitch in Time class construct garments for premature babies born at Vanderbilt University Medical Center.

upset. Students said they enjoyed Winterim and would rather be in Winterim than in their other academic classes, although some also thought they did not receive any true enlightenment from the courses. The time period is too long to be short, but too short to be long; that is, Winterim is too long to receive just a overview of the material but too short to go

in-depth on anything.

After talking to Mrs. Fuller about the time period problem she suggested that some classes need the amount of time but that it is true the time period is too long for other classes. A possible solution would be to combine two things into one period, like CPR and Aerobics. Half the time

block is for CPR and the other half for Aerobics. This way the classes that need to go in-depth can and the classes that just need a overview can have less time and the students can experience twice as many things. She went on to say that if anyone had any suggestions she would be happy to hear them.

Teacher Athletes Try To Keep Mind and Body in Balance

by Elizabeth Hausman

While most people think that teachers dedicate their lives only to books, many teachers at Harpeth Hall spent time in high school as well as now improving their bodies as well as their minds.

"It's a constant embarrassment because I'm not any good," Dr. Echerd said of his athletic prowess. But his self-professed lack of athletic skill does not prevent him from taking part in the Corporate Challenge. The Corporate Challenge is an annual run at Metro Center in which area companies and businesses compete. Also, in the first few years that Echerd taught at Harpeth Hall the teachers held faculty

basketball games in which he took part. In high school Echerd played junior varsity basketball.

"I played everything!" Mr. Tony Springman says proudly. As a student he played baseball, football, and basketball. Because of some major injuries, however, he has not been very active in the last three or four years. To keep fit he jogs and walks some.

In high school, Ms. Polly Linden played field hockey, basketball, and softball. In college she was on the swim team and played softball. Now she plays softball and swims for fitness.

Athletics was also a big part of Dr. John Hopple's life. In high school he played

varsity soccer, was on the varsity track team, and practiced gymnastics in the winter. Because of his recent surgery, Hopple cannot do any exercise that requires the use of his legs, so he bought a 35-pound heavy bag to punch. "It's amazing how quickly it wears you out," he says. "Two minutes and you're wasted. You use your whole body. I can see why boxers are in such great shape."

Unlike many of her teaching peers, Mrs. Sachiko Morrey chose non-team sports such as tennis and gymnastics, although she was too shy to compete. Her New Year's resolution is to run consistently to relieve stress.



photo by Clark Rose

Sophomore Amanda Wentworth practices for her Winterim guitar class, taught by Mrs. Kathy Boehm.